



Office of the Principal Government Degree College Frisal Homeshalibug, Kulgam 192232



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Report on the World Health Day Celebration

Government Degree College, Frisal celebrated World Health Day on 7th April 2026 under the theme “**Together for Health: Stand with Science.**” The programme aimed to raise awareness about the importance of scientific approaches in healthcare and to promote overall well-being among students and staff. A team of medical professionals was invited for the occasion, including **Dr. Rashid Gull**, Medical Officer, PHC Frisal; **Dr. Waseem Akram**, MLHP, HWC Tulkan; **Dr. Iqbal**, MLHP; **Nyla Nazir**, MLHP; and **Waseem Farooq**, Health Educator. The programme was conducted in two sessions: an Awareness Session and a Medical Screening and Health Check-up Session. The first session commenced with an address by the esteemed Principal, **Dr. Fayaz Ahmad Butt**, who spoke on the significance of the theme and emphasized the role of science in ensuring a healthier society. Dr. Rashid Gull, in his address, highlighted various health-related issues and stressed the importance of preventive healthcare and timely medical intervention. Dr. Waseem Akram further elaborated on community health practices and the need for awareness at the grassroots level. The session was effectively anchored by **Dr. Mehraj Ahmad Sheikh**, Assistant Professor, Commerce, while the vote of thanks was proposed by **Prof. Showkat Ahmad Malik**. The second session focused on providing free medical screening and health check-ups to the participants. Various tests, including haemoglobin and blood sugar tests, were conducted to assess the health status of the students and staff. The initiative was widely appreciated for its practical contribution to promoting health awareness. The programme was organized by **Dr. Zahid Hussain**, Convener, Red Ribbon Club, with the support of **Miss Mehnaza Jan**, NSS Programme Officer, and **Prof. Showkat Ahmad Malik**, Convener, IQAC under the able leadership of **Principal Dr. Fayaz Ahmad Butt**. It witnessed enthusiastic participation from students, faculty members, and non-teaching staff of the college. Logistical support for the smooth conduct of the programme was provided by **Dr. Javid Yousuf**, **Mr. Javid Ahmad**, **Mr. Abass Ahmad**, and **Mr. Muzaffar Ahmad**. The NSS volunteers played a crucial role in maintaining discipline and assisting in the overall management of the event. The programme concluded successfully, reinforcing the importance of collective responsibility in achieving better health outcomes through scientific awareness and community participation.





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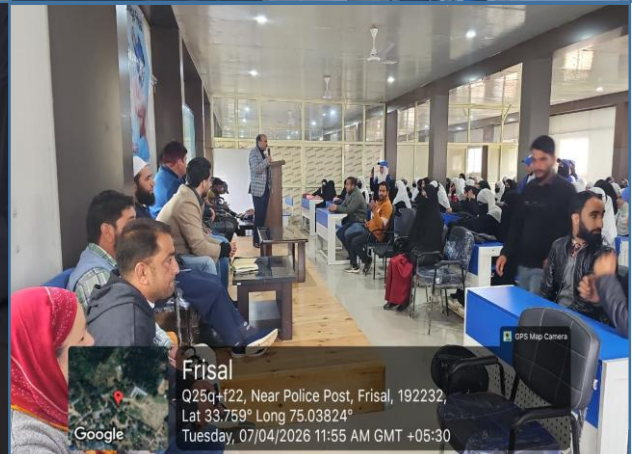
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Sd/-
Principal